



## ***“Rising Stars Team”***



The Rising Stars Program, offered during freestyle sessions, is the most cost-effective way to help young skaters begin their figure skating training. The Rising Stars Team is for skaters working on **Basic 2 – Basic 5** Learn to Skate USA curriculum. This program is a fun, economical way to introduce skaters to a “training program” while working in a small group format. The program is also a natural next step for the skater who “aspires” to be a talented skater.

This program is recommended in addition to private lessons and skating twice a week.

**Tuesday Spring Session: April 26 – June 21<sup>st</sup>, 2022**

Skaters will work on:

- Warm-Up and Practice Drills
- Edges, turns, stops, and beginning spins and jumps
- Goal setting (both long and short term) and practice planning
- Skating choreography and musical interpretation

***We also prepare skaters for their first figure skating tests and competitions!***

### **Includes:**

- 30-minute class (minimum 3 skaters)
- 30 minutes practice time on freestyle session
- Students are required to purchase 1 freestyle session per week for their class ice time.

**Cost: \$270\*\* - 9 weeks, meeting 1 day per week**

**Tuesdays during 4:30-5:30pm freestyle**

*\*\*Price listed is for the class only. Freestyle sessions (\$20 per hour) can be purchased with Discount 20 Pass Card, or pay as you go.*

There are no refunds, cancellations or make-ups.

**Please contact Karen Cohen-Prosnitz for more information**  
[karenc@icevault.com](mailto:karenc@icevault.com)



## Rising Stars Team Registration Form

### Skater Information

Name \_\_\_\_\_ Age \_\_\_\_\_ D.O.B. \_\_\_/\_\_\_/\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

E-mail \_\_\_\_\_ @ \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ Work Phone (\_\_\_\_) \_\_\_\_\_

Cell Phone (\_\_\_\_) \_\_\_\_\_

Emergency contact Name and Phone \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_

Highest Skating Level Passed \_\_\_\_\_

**Class Dates: Tuesday – 4/26; 5/3, 10, 17, 24, 31; 6/7, 14, and 21, 2022.**

**\$270 – 9-week** class program, meeting 1 day per week; freestyle ice is **not** included

Class payment method is cash or check only. Credit cards will not be accepted. Class registration form and payment must be received at the skating school office or the front office before April 22nd.

Checks should be made to: Karen Cohen-Prosnitz.

NO REFUNDS OR MAKEUPS

### WAIVER RELEASE

It is agreed that the Ice Vault shall in no way be responsible or liable for any injury of any kind arising out of or in the course of an operation of the Ice Vault. It is the intention of the parent to waive and release any and all claims, of any kind whatsoever in law or in equity of his/her son/daughter, or ward, a minor on account of any injury of any kind arising out of or in the course of any operation of the Ice Vault. I grant the Ice Vault the right to use all photographs and videos taken of me during any Ice Vault programs for advertising purposes.

Signature \_\_\_\_\_ Date \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_