



**FUNdamental Hockey Camp**  
**For Atoms, Mites 6U & 8U and Squirrels 10U**  
**4 Days Tuesday July 6<sup>th</sup> to Friday July 9<sup>th</sup>**  
**\$275**



**FUN** is the key to emotional engagement, which leads to increased skill development. Hockey is a game, and games are meant to be FUN! That's why **FUNdamental Hockey Camp** is designed to maximize the fun each player has at camp, while developing and honing his/her hockey skills through a variety of engaging activities and games.

The camp will be separated by age groups and ability. Each group will be on the ice for 2 and a half hours. **PRICE \$275.00 for 4 days of camp.**

- ❖ The first ice session will focus on the **ABCs** of skating (**A**gility, **B**alance, and **C**oordination) through a variety of stations; small area games; and competition/battle drills. Players will "Play to Learn" which means that through active and engaging ice sessions they will learn the fundamentals of skating through playing instead of the rote old school techniques.
- ❖ The second ice session will focus on puck skills (stick-handling, passing, puck protection, and shooting) and small area games (player vs. player situations). This session will develop a player's overall ability to play with the puck and against other players.
- ❖ The camp will focus on maximizing the fun side of ice hockey both on and off the ice. We want every player to go home tired from all the kinesthetic activity and also smiling ear to ear from having so much fun.
- ❖ **Full Equipment MUST be worn while on the ice. Equipment consists of: Hockey helmet, neck guard, shoulder pads, elbow pads, hockey pants, shin guards, skates, gloves, and a stick. Please make sure your child eats breakfast in the morning and brings a water bottle. There will be a Short break, if your child would like to bring in a small snack, they can eat it at that time.**

REGISTRATION WILL BE ONLINE AT [www.icevault.com](http://www.icevault.com).

**\*\*Times are subject to change\*\***

**Tuesday July 6<sup>th</sup> to Friday July 9<sup>th</sup>**



**Camp Schedule**

CHECK IN: 8:45  
 ON ICE: 9:15 – 10:30  
 BREAK 10:30 – 11:00(campers  
**can bring in a small snack)**  
 ON ICE: 11:00 – 12:15  
 PICK UP: 12:30